

# Career & Professional Growth Tracker



## 1. PERSONAL DEVELOPMENT GOALS - DEFINE 3-5 GOALS

SUPPORTING YOUR CAREER GROWTH THIS QUARTER.

GOAL 1:

GOAL 2:

GOAL 3:

GOAL 4:

GOAL 5:

## 2. SKILLS TO DEVELOP

LIST THE TOP SKILLS YOU AIM TO IMPROVE AND HOW YOU PLAN TO ACHIEVE THIS.

SKILL: LEARNING RESOURCE: DEADLINE:

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## 3. AI TOOLS TO LEARN/USE

IDENTIFY ANY AI-POWERED TOOLS RELEVANT TO YOUR PROFESSION AND HOW YOU PLAN TO USE THEM.

TOOL: USE CASE:

INTEGRATION PLAN:

## 4. REFLECTION AND ADJUSTMENTS

AT THE END OF THE QUARTER, REFLECT ON YOUR PROGRESS

WHAT WORKED WELL?

WHAT NEEDS IMPROVEMENT?

WHAT WILL YOU DO DIFFERENTLY NEXT QUARTER?

